

Senior Management Team



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Kimberly L. Thibert VP, Patient Care Services & Chief Nursing Officer



Elizabeth C. Fipps VP. Foundation and Community Services



Reging Lagattuta VP. Human Resources



Keith G. Robison **VP. Information** Services & Chief Information Officer



Barbara E. Morrow VP, Long Term Care Services



W. Randall Fipps AVP, Operations & Behavioral Health



Christopher J. Bastien **AVP, Support Services**

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Thomas Carman Allen Ditch Sadie Hall Cris Nargi Tom Sauter John Wheeler Richard Whelden Regina Yeo

Dear Friends.

This year has been a year defined by progress—a lot of it. Over the past year, progress shined through every facet of Samaritan Health. A new cancer center, new top-of-the-line technology, enhanced quality and broadened capabilities marked our year. Construction began and continues on a new Center for Women and Children and Women's Wellness and Breast Care.

At Samaritan, we are committed to treating everyone with the highest level of clinical care and with the greatest compassion and respect. It's our promise to you. And when you need us most we'll be there—with over 45 different medical specialties, exceptional doctors and nurses, and unparalleled compassion from our dedicated team.

In keeping with that commitment, and with our strategic plan as our guide, "The Healing Power of Progress," a capital campaign, was launched and supported three critical priorities: The Walker Center for Cancer Care, the Center for Women and Children, and Samaritan's Endowment Fund. You will read more about that campaign in the coming pages of this publication.

As our technology has become more powerful, we have become more hopeful. Technology can simplify processes. It can enhance efficiencies. It can improve diagnoses. It can shorten treatment times. But for technology to have value at Samaritan, it must make our patients' lives better. And that is what we are seeing with our many cutting-edge technological advances in 2018 which include our telemedicine and telestroke capabilities.

There are always going to be obstacles to surmount and challenges to face in healthcare. We have navigated those together with our leadership team, trustees, medical staff, dedicated employees and community partners. I am proud to say that it is truly rewarding to reflect on the past year knowing our efforts have made a difference in the lives of those who entrust us with their care each day.

We'll be there for you whenever and wherever you need us—with exceptional care and

I am pleased to share the Samaritan Health System 2018 Annual Report with you. Thank you to those who have made this a successful year, enabling Samaritan to continue to serve the healthcare needs of our region long into the future.

Thomas H. Carmar President & CEO

SAMARITAN HEALTH ANNUAL REPORT | 2018

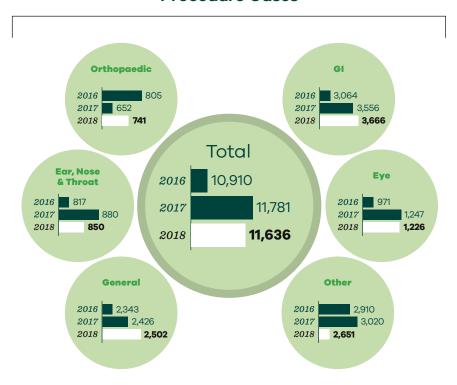
2018 by the numbers

Samaritan is committed to meeting our community's needs through strong fiscal management and continuous investment into our facilities, services and staff. We are grateful to our community for generously supporting Samaritan this past year through the Healing Power of Progress capital campaign and for those who have chosen Samaritan to receive their healthcare. Samaritan is proud to have maintained its investment grade bond rating of BBB- from Standard & Poor's, which is a major accomplishment for any hospital.

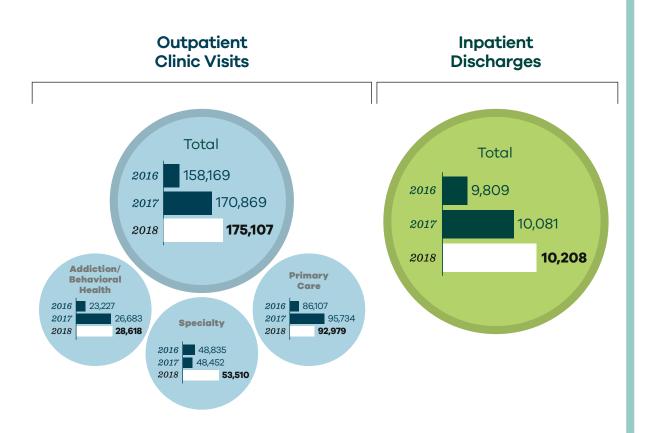
Samaritan Medical Center and its affiliates – Samaritan Keep Home, Samaritan Summit Village, Samaritan Medical Center Foundation, Samaritan Medical Practice and Samaritan Home Health – are staffed by 2,181 full-time equivalent employees. In 2018, payroll totaled \$143 million. As the largest private employer in the county, Samaritan is committed to the community we proudly serve. In addition to payroll costs, Samaritan expended \$99 million in 2018 to purchase goods and services necessary for the provision of care to our patients and residents.

Revenue Growth SMC/SMP 2016 \$219.7M 2017 \$226.3M 2018 \$249.7M

Surgical and Outpatient Procedure Cases



According to the Healthcare Association of New York State (HANYS), the economic activity generated by Samaritan through jobs and the purchase of goods and services is equivalent to \$395 million annually. Samaritan also is responsible for generating significant tax dollars estimated at \$44 million each year. HANYS further calculates that Samaritan's charity care, subsidized care and services to low-income, elderly and underserved communities, coupled with investment in community health initiatives, equates to \$47 million in community benefits each year.



2018 Care Counts

	2017	2018	
Births	1,660	1,637	
Acute Rehabilitation Days	1,655	2,207	
Surgical Cases	7,434 7,208		
Discharges	10,081 10,208		
Emergency Room Visits	47,305 46,127		
Imaging	106,047 112,927		
Outpatient Clinic Visits	184,374 202,365		
Laboratory	876,191 896,26		
Resident Days	194,143	197,320	
Samaritan Home Health Visits	8,580	9,016	
Daycare Visits	8,169	6,536	
Skilled Nursing Facility Occupancy	96%	97%	
Assisted Living Occupancy	90%	93%	

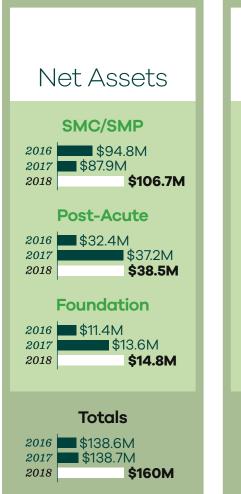
Post-Acute and Long Term Care

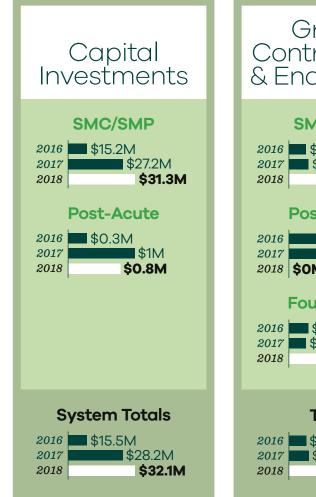
Samaritan Keep Home/Samaritan Summit Village/Samaritan Home Health

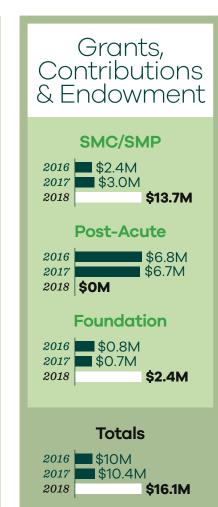


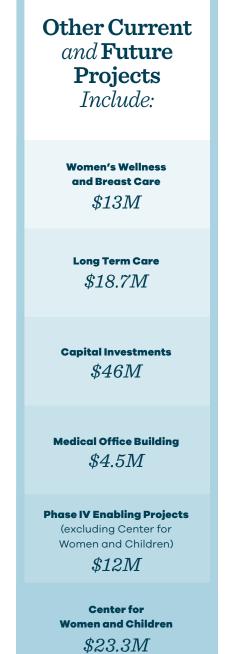
For the Future

Samaritan is committed to keeping pace with the changing technology needs and recruiting top medical staff – maintaining strong financial health is critical to allowing us to achieve our mission.











3-D Mammography

One of the most impactful technologies we've added to our women's wellness services is 3-D mammography. It has completely changed breast cancer screenings at Samaritan.

With 3-D mammography, doctors can get an extremely detailed scan of a woman's breast. An x-ray arm revolves around the breast, taking multiple images in a matter of seconds. The machine then uses those images to create a 3-D representation. If a tumor is present, the doctor will be able to analyze it layer by layer and from every angle, quickly and accurately. Beyond enabling doctors to accurately assess the width and depth of a tumor, 3-D mammograms can reveal abnormalities that would have been hidden in a traditional mammogram. With 3-D mammography. we can often detect breast cancer before there are any symptoms. Plus, the procedure is more comfortable and has a far lower risk of producing a false positive.

Center for Women and Children

ur community's women and children are a top priority at Samaritan. Every year, Samaritan delivers over 1,600 babies. To better meet this growing need, we have begun construction on our new Center for Women and Children. This expansion is expected to be completed in 2020 and is dedicated to the health and well-being of the women and children of our community. The Center for Women and Children will include our labor and delivery, maternity and pediatric services all on the same floor, and will also contain the North Country's only Level II Neonatal Intensive Care Unit (NICU), providing specialized care to infants after birth with all private rooms.

Laboring mothers will be able to enter the Center for Women and Children through a dedicated entrance which will take them immediately to where they need to be. Patients will enjoy bright, spacious, mother-baby rooms. The center's Labor and Delivery Unit, which opened in September 2017, has two C-section operating rooms which accommodates both scheduled and emergency births. With an anesthesiologist on staff 24 hours a day, seven days a week, mothers will rest easy no matter the time of day they deliver. The new center's spacious rooms are large enough to accommodate family members and partners who choose to stay overnight. This large project is being constructed over several phases and is scheduled to be complete in 2022. Our Pediatric Unit is in the last phase of the project and will offer a playroom and a serenity room for patients and families. lack



Women's Wellness and Breast Care

woman's health is precious. That's why only the best will do when it comes to women's wellness services. In addition to our new Center for Women and Children, we have expanded our women's wellness services, and have started renovation and construction on our new Women's Wellness and Breast Care location – all to offer the women of our community a different level of care. The kind that relieves concerns and integrates compassion and precision perfectly. It's more than breast imaging or gynecologic services. It's both, and a lot more. Our team of obstetricians, gynecologists, surgeons, radiologists, imaging specialists, nurses and staff is ready to assist you with all your women's health care needs, utilizing the most advanced imaging services and the most leading-edge treatments. Whether you need ultrasound imaging, genetic testing or laboratory services, you will find everything you need with us. But you will also find exceptional convenience, getting your 3-D mammogram and PAP test in the same visit with fast, accurate, same-day mammography results. It's complete women's care, but it's also complete peace of mind. And in fall 2019, our women's wellness services will have a completely new home. •







Samaritan Welcomes Senator Gillibrand

U.S. Senator Kirsten Gillibrand visited Samaritan to discuss the Stop Price Gouging Act, which would drive down prescription drug prices, ensure access to affordable medications for New York seniors and penalize drug companies that raise prices of medication without justification.



Samaritan Summit Village celebrates its 5th Anniversary

In April, Samaritan Summit Village celebrated its five -year anniversary. Our weeklong celebration featured open houses, department displays and one delicious cake, which we enjoyed with our residents. To finish our anniversary celebration strong, board members and staff arranged themselves in the shape of a "5" for a bird's-eye photo of everyone who made the past five years possible.



The Samaritan Way

The following Awesome Act Card was submitted by *Kathy Hunter (Director of Case Management):*





Susan K. Peters Nurse Practitioner

Scholarship Established

ా he Samaritan Medical Center Foundation is honored that Susan K. Peters has established a scholarship for registered nurses (RNs) looking to advance their careers as nurse practitioners.

The Susan K. Peters Nursing Scholarship was established to assist with the education costs for an RN to continue his/her education to pursue a nurse practitioner degree. Two scholarships of \$2,000 will be awarded each year.

Mrs. Peters graduated from the House of the Good Samaritan School of Nursing in 1965 She retired from Samaritan Medical Center as a radiation oncology nurse in 1999. Prior to that, she served more than 20 years as nurse manager of Medical/Surgical and Orthopedic units.



Tom Carman, Susan Peters and Beth Fipps

66 My lifelong dedication to nursing is what compelled me to set up this scholarship to promote this profession in our community in order to help train the next generation of nurses," explains Mrs. Peters. "After already establishing a strong foundation from their training and experiences in nursing, RNs are well-positioned to become excellent nurse practitioners. **99**

Different from RNs, nurse practitioners are able to provide many of the same services as physicians, including developing treatment plans for their patients, ordering tests, performing minor procedures and prescribing medication.

For more information, or to obtain a scholarship application, please contact the SMC Foundation at 315-785-5745 or visit samaritanhealth.com/scholarships.

The da Vinci Xi® Surgical System

ince 2012, Samaritan's Surgical Robotics team has helped patients with less-invasive, high-precision robotic surgery, specializing in urologic, general and gynecologic surgery. Samaritan's ten robotically trained surgeons have performed over 1,500 robotic-assisted surgeries since our program's inception. Just from 2016 through 2018, we saw a 45% increase in robotic surgeries. To meet the rising need for robotic surgery, we recently acquired a new surgical system that will replace our current one. The new da Vinci Xi® Surgical System will enhance precision as well as operating room efficiency, improving patient outcomes. The new robot is expected to be fully integrated in early March 2019. •



MOVE (Mobilization of Ventilated Patients Early)

On April 20, 2018, a new program

went into place on Samaritan's Intensive Care Unit (ICU) called the MOVE (Mobilization of Ventilated Patients Early) program. This program is used nationally to improve outcomes, reduce length of stay and prevent complications in critically ill patients. This program was introduced to Samaritan by Dr. Rory Sears who organized nursing, therapy, pharmacy, respiratory and medicine to coordinate rounds on ICU with the goal of early mobilization. As a team, this group of professionals assesses patients for this program daily, determines who can participate medically, what safe parameters they can work under and how to help them move through recovery. As a team, they simultaneously work to get the patient moving by reducing sedative meds, managing the vent, monitoring vitals and performing therapy. We are already seeing great success and expect more to come. Many thanks to the ICU nursing team: Kim Smith, Respiratory Therapy, Pharmacy; Rachel Conley, PT, DPT; Sarah Kukesh PT, DPT; and, of course, Dr. Sears for leading Samaritan in this initiative.

Patient Experience

amaritan is committed to making a big difference in our community. That was the inspiration behind developing the Samaritan Experience. The Samaritan Experience is the feeling of trust and confidence our team of caregivers creates for every patient - every time. Today, all new employees are onboarded with the same expectations and are entrusted with the same responsibility: that all of us are responsible for cultivating the Samaritan Experience for our patients, residents and fellow caregivers.

In 2018, our commitment to our patients grew even stronger. Hourly rounding and bedside shift reporting were the main focuses of the inpatient units in the hospital. Hourly rounding ensures efficient and effective patient care. On the hour, the patient is rounded on by an aide or a nurse. They address the four most integral areas of patient care: pain, position, protection and pottythe 4Ps. Literature and practice have proven that when these four areas of patient care are addressed, hourly during the day and every other hour in the night, patient and staff satisfaction soar. Bedside shift report occurs when nurses change shifts. Typically at 7am and 7pm, both the outgoing and incoming nurses enter the patient's room to transfer care responsibility. Involving the patient enables the nurses to better understand his or her needs. It also ensures that the patient and their family understand the care process. This interaction helps our nursing team address concerns and questions. The combination of these two practices has achieved improved results in patient satisfaction.

Our Patient Family Advisory Council (PFAC) continues to be active. The PFAC is a team of community members that meets regularly to illuminate opportunities to improve the patient experience, allowing us to gain perspectives firsthand from patients and family members.

Finally, communication boards help to round out the patient's experience at the medical center. Communication boards help patients understand what is expected from their care team, as well as what is expected from them and their families as they prepare for discharge. The board also enables caregivers to communicate vital

Room # Today's Date: Nurse Manager

information, such as goals, new medications and their side effects, as well as which physicians comprise their care team. The board allows patients to get a more complete picture of their care, prompting interactions that help us provide the best possible outcomes for our patients.

In 2018, our long-term care facilities continued to pave the way for better resident care in our region. With the help of Dr. LaVerne VanDeWall, Dr. Collins Kellogg, Jr. and a team from Long-Term care led by Kathy Rivers, we launched Residents for Residents. Through this program, we began working to prevent the readmission of residents who have visited the Emergency Department frequently in the past. To accomplish this, we now have a GME Resident physician on call for their care. The one-on-one attention provided through this program has proven highly successful, and the number of participants in the program has already grown.





2018 Awards and Designations

The American College of Surgeons recognized Samaritan Medical
Center with **The Most Meritorious**Award in the outcome areas of Mortality,
Cardiac, Pneumonia, Unplanned
Intubation, Ventilator > 48 hours,
Renal Failure, Surgical Site
Infections and Urinary
Tract Infections
Samaritan achieved

Joint Commission
Certification

for another three
year period. Achieving
accreditation and/or certification
means that our staff has made an extra
effort to review and improve the key areas
that can affect the quality and safety of
your care. Accreditation and certification
by The Joint Commission are considered
the gold standard in healthcare.

- Blue Center of Distinction+ for Hip and Knee Surgery since 2012
- Blue Center of Distinction Specialty Care for Maternity Care since 2015
- National research project (QUANTUM AF) to improve stroke prevention in patients with atrial fibrillation

Samaritan's Imaging Department has recently been awarded a three-year accreditation in computed tomography (CT) scanning by the American College of Radiology (ACR). The Department's 128-slice Philips CT scanner was

accredited in all four scanning

categories submitted. The ACR accreditation is the gold standard by which the medical community and public can evaluate the services provided by an imaging services program.

Our Samaritan Family Health Network (SFHN) was among the first to receive New York State Patient Centered Medical Home (PCMH) Recognition.

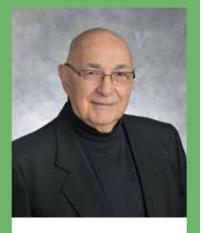
PCMH is a care delivery model whereby patient treatment is coordinated through their primary care physician to ensure they receive the necessary care when and where they need it, in a manner they can understand. The National Committee for Quality Assurance (NCQA) is the accrediting body for PCMH. NCQA reached out to Samaritan to give a presentation on our PCMH journey and to encourage others to pursue NYS PCMH. Through our success with PCMH, we saw a reduction in the number of SFHN patients that utilized the emergency room,

significantly increased our screening for behavioral health indicators, and increased our patients' overall involvement in their care and wellness.

Implemented nationally recognized protocols to decrease the following hospital-acquired conditions:

- Catheter-Associated Urinary
 Tract Infection (UTI)
- Surgical Site Infections
- · Clostridium Difficile Infections
- Central Line Associated Bloodstream Infections
- Methicillin Resistant Staphylococcus Aureus Bacteremia
- Achieved national Hepatitis B birth dose honor roll status in 2018

In early 2018, the Wound Care Center
Performance awards were announced
and our Samaritan Wound Care Center
received **Center of Distinction** for
2017 from Healogics. The center achieved
outstanding clinical outcomes for
twelve consecutive months on four
performance indicators. ◆



The 2018 Lifetime Achievement Award

In April, the Samaritan Medical Foundation and Medical Executive Committee held the 6th Annual Physician Lifetime Achievement Award Dinner. At this event, we honor our active and retired physicians for their continued dedication. This year, we recognized Dr. Al Maloney (Gynecology) with the 2018 Lifetime Achievement Award. Dr Maloney's commitment to patients and to our community's wellness has led him to achieve great things in our region and our industry. Thank you, Dr. Maloney, for the amazing work you have done—and for the countless lives you have changed.

The Walker Center for Cancer Care

ore than 600 cancer patients are seen at Samaritan every year. And with the opening of the new Walker Center for Cancer Care, their care will be forever changed. The new Walker Center for Cancer Care provides patients with the care and compassion you would expect from your community hospital, plus a full spectrum of cutting-edge treatment options that rival the services offered at big city medical centers, including detection and screening, diagnosis, treatment, therapy and support. The new Walker Center also offers a full spectrum of follow-up services, including physical therapy, lymphedema therapy and pain management options to help our patients recover completely.

Samaritan is bringing the North Country the very best in cancer care technology. Our new linear accelerator (LINAC) has revolutionized how we use radiation to treat cancer. Delivering a concentrated beam of radiation, the LINAC tracks the patient's breathing and repositions itself to stay focused on the tumor, saving healthy tissue. The LINAC can even shorten treatment times depending on the type of cancer it is treating.

The Walker Center for Cancer Care was designed with the patient in mind, with special touches that calm as well as heal. Our new infusion suite offers chemotherapy patients a new level of treatment and comfort with comfortable reclining chemotherapy chairs—complete with entertainment systems—that face a beautiful rooftop garden. •









"Proudly serving our civilian and military community.

The Fort Drum Impact at Samaritan

Along with other community leaders and Fort Drum IMPATIENT **MENTAL HEALTH** 46.4% DISCHARGES NICU DISCHARGES 39.1%

Offering the people of our community the highest quality care means always working to expand and enhance the resources available to our patients. In 2018, we showed that commitment by adding three new service lines. We're excited to announce that Samaritan now offers services in Plastic and Reconstructive Surgery, Rheumatology, and Pelvic Rehabilitation.

Introducing three promising new service lines.

Plastic and Reconstructive Surgery

In May, 2018 a new Plastics and Reconstructive Surgery practice was established when Dr. Deana Paley joined Samaritan. Now offering our community a full spectrum of surgical services, our integrated team of specialists is here to help with everything from facial reconstruction to post-pregnancy restoration.

Services include:

Reconstruction Procedures

- Breast reconstruction
- · Post-trauma reconstruction face/body
- · Moles/lesions/scars excisions with reconstruction
- Otoplasty
- Gynecomastia

Aesthetic Surgical Procedures

- Liposuction
- Abdominoplasty
- · Breast augmentation, reduction, lift
- Blepharoplasty

- Post-pregnancy and post-weight loss makeover
- · Aesthetic non-surgical
- Botox and Dysport for wrinkle control
- Restylane, Juvederm, Sculptra for face reshaping and or correction

About Dr. Deana Paley:

 Dr. Paley is board certified by the American Osteopathic Board of Surgery in Plastic and Reconstructive Surgery. She completed her medical training at Nova Southeastern University in Fort Lauderdale, Florida; her residency at Peninsula Hospital Center, Far Rockaway, New York; and her Plastic and Reconstructive Surgery fellowship at St. Barnabas Hospital, Bronx, New York.

Rheumatology

Rheumatology is the branch of medicine dedicated to rheumatic disorders that cause chronic pain in joints or connective tissues. On August 1, 2018, Dr. Su Yien Zhaz joined Samaritan Medical Center to offer her rheumatologic expertise to our community. Dr. Zhaz specializes in the diagnosis and treatment of:

Osteoarthritis

- Gout
- Tendonitis
- Lupus
- Vasculitis
- Psoriatic arthritis

- Trigger point injection
- · Biologic agents administration
- Injection of tendon sheath
- Skin punch biopsy

About Dr. Zhaz

 Board certified by the American Board of Internal Medicine (2013); Board certified in Rheumatology, specializing in the diagnosis and treatment of musculoskeletal diseases and systemic autoimmune conditions She earned her medical degree from the Universidad de Carabobo, School of Medicine, Valencia Venezuela, 2006. She completed Internal Medicine Internship and Residency at New York Downtown

14

- Scleroderma
- · Rheumatoid arthritis
- Chronic back pain

Skills and Proficiencies:

- Arthrocentesis
- Ultrasound for musculoskeletal disorders (diagnostic/ interventional)

Pelvic floor rehabilitation has

Hospital, affiliated with New York Presbyterian Hospital-Weill Cornell Medical College. She completed fellowship in Rheumatology at SUNY Downstate Medical Center's

University Hospital of Brooklyn.

Pelvic Rehabilitation

Samaritan Medical Center now offers comprehensive pelvic rehabilitation through our new Pelvic Rehabilitation Program. Offering evaluation, training and treatment for patients with pelvic floor dysfunction, our new program also provides various services not commonly offered at other Northern New York physical therapy clinics.

proven effective in treating a wide range of conditions, including pelvic pain and incontinence. While our pelvic rehabilitation services are available to men and women, women are much more likely to experience pelvic dysfunction than men. In fact,

one in three women suffers from incontinence. Oftentimes, those same women are too embarrassed to seek treatment. What many patients don't know is that incontinence can usually be treated in just six to eight visits. Once you received a referral from your primary care provider, our team of rehabilitation specialists will provide you with the cost-effective, individualized services and treatments you need to restore your pelvic floor.

Physical therapy for pelvic rehabilitation can provide benefits to women of all ages and lifestyles. Treatments may include:

- Biofeedback
- Electrical stimulation
- Education
- · Pelvic floor strengthening
- · Muscle symmetry training · Home exercise programs
- Ultrasound

Fort Drum

or over 30 years, the unique relationship between the tri-county area and our military community at Fort Drum has grown strong. Serving as a model of military-community collaboration, it's shown the true power of respect, friendship, collaboration—and community.

In 2018, a nomination was submitted for the North Country Region to be designated as a Great American Defense Community. The designation was announced in 2018 and will be awarded in 2019. This award recognizes the relationship with the community that the North Country fosters, and the transitional support that the North Country community provides military spouses and veterans alike. According to the Association of Defense Communities President Bill Parry, "The communities we recognize through the Great American Defense Community program represent the best examples of what

> communities can do to create great places for our military families to live and work. We congratulate the North Country region and look forward to sharing your story with the nation."

Fort Drum's annual impact on the surrounding community exceeded \$1.7 billion, creating over 5,622 jobs in the North Country. The connection between Fort Drum and the North Country has gained attention from top decision-makers within the Federal Government, the Army and the Department of Defense. Throughout 2018, Samaritan Medical Center helped showcase our healthcare model's success to numerous highranking officials visiting Fort Drum, including

· Lieutenant General Nadja West, U.S. Army Surgeon General and Commanding General of the U.S. Army Medical Command

- · Command Sergeant Major Michael Gragg, U.S. Army Medical Command
- Secretary of the Army, Mark Esper and Mrs. Esper
- Brigadier General Telita Crosland, MEDDAC Regional Commander

Samaritan hosted a visit from MEDDAC Regional staff members LTC Martin, Clinical Operations, and LTC Lee, Comptroller, as well as two officers, Major Walker and Major Mroczko. The purpose of this visit was to showcase our healthcare model.

personnel, Samaritan took part in Fort Drum Day in Albany. Fort Drum Day is our day to celebrate and showcase Fort Drum's contribution to the State of New York We met with Senator Patricia Ritchie and her colleagues, and were given the opportunity to advocate for Fort Drum with Senator Kemp Hannon and Assemblymember Richard Gottfried concerning health issues. Samaritan also met on other issues with deputy secretaries from the Governor's office, Senate and Assembly Energy Committee staff, and Senate and Assembly Higher Education staff.

27.5% **EMERGENCY** PEDIATRIC **DEPARTMENT DISCHARGES** VISITS 24.8% 24.1%

In 2018, we strengthened our relationship with Fort Drum by developing a sponsorship opportunity with Fort Drum's Family Morale, Welfare, and Recreation. This relationship allows Samaritan to monetarily support the welfare of our soldiers and their families. It also enables us to provide services at events, like Baby Palooza and Mountainfest. Samaritan is proud to support these events. But most importantly, we're proud to share our many services with our military neighbors.

Samaritan Welcomes New Physicians



Row 1 (L to R):

Vivian Keenan, MD, Pulmonary/Critical Care Fozia Bakshi, MD, Pediatrics Brogan Schoeneman, DO, Family Medicine Kathrine Adams, DO, Psychiatry

Row 2 (L to R):

Scott Mollison, MD, Orthopaedic Surgery
Ariana Brooks-James, MD, Physical Medicine & Rehabilitation
Sara McGee, MD, Hematology/Oncology
Deana Paley, DO, Plastic Surgery
Su Yien Zhaz, MD, Rheumatology

Not Present:

Christopher Cole, DO, Military

Ifraj Hafidh, DDS, Pediatric Dentistry

Zachary Nahmias, MD, Dermatology



amaritan's Physician Graduate Medical Education (GME) Program currently offers three accredited Post Graduate Residency programs: Family Medicine, Internal Medicine and a traditional rotating internship. We are accredited by both the American Osteopathic Association (AOA) and the Accreditation Council for Graduate Medical Education (ACGME). Upon completing this program, resident physicians become eligible for Board Certification and can practice independently. Over the years, many of these resident physicians have chosen to stay after the completion of their training so they can practice medicine in the North Country. These programs are offered in conjunction with the Lake Erie Consortium for Osteopathic Medical Training. The Samaritan Physician GME Program also offers clinical rotations for third-year medical students from Lake Erie College of Osteopathic Medicine (LECOM) and elective rotations for fourth-year students. Drawing students from across the United States, our Post Graduate Residency programs equip residents to achieve excellence in healthcare.

In April, our Graduate Medical Education program had a site visit and in October, our program attained Continued Accreditation Status from the ACGME, which affords a ten-year interval before revisit. •

2018 Medical Staff

Allergy & Immunology Dariusz Chrostowski, MD

Anesthesiology Tom T. Chen. MD

Eric N. Duah, MD Calvin A. Eng, MD

Ivan E. Montalvo-Otano, MD

Diemthuy Nguyen, MD

Jin Qi, MD

Irvin R. Sanchez, MD

Jarmila Slezkova, MD

Edwin N. Urf, Jr., DO

Cardiology

David H. Antecol, MD

Mirza M. Ashraf, MD

Fritz Roc, MD

Vojtech Slezka, MD

James E. Willis, MD

Cardiology - Pediatric

Nader H. Atallah-Yunes, MD

Craig J. Byrum, MD

Matthew J. Egan, MD

Daniel A. Kveselis, MD

Frank C. Smith, MD

Child & Adolescent

Anthony F. Yacona, MD

Dentistry

Natashya M. Fraser, DDS

Hans W. Wawrousek, DDS

Dentistry - Oral Surgery

Reed Attisha, DMD, MD

Logan R. Curtis, DDS Bruce J. Dines, DMD

Hiram A. Garcia-Rivera, DMD Gerald J. Schneeberger, DDS

Dentistry - Pediatric

Andrew A. Beuttenmuller, DDS

Chelsea A. Eppolito, DDS

Maria L. Ybarra, DDS

Dermatology

Christopher D. Lowe, MD

Zachary Nahmias, MD

Ear, Nose & Throat

Richard B. Abriss, MD

Tony C.Y. Chuang, MD

Albert A. McClain, MD

Norman R. Weir, MD

Emergency Medicine

Philip A. Chafe, MD

Sarah A. Delaney-Rowland, MD

David Flint, MD

Frances M. Gill, MD

Maja Lundborg-Gray, MD

Matthew D. Maynard, DO

Brian D. Roggie, MD

Craig Schiff, DO

Endocrinology

Claudia B. Fish. MD

Family Medicine

Christopher P. Black, MD

Paula M. Brooks, MD

Caitlin M. Donegan-Tartell, DO

Jon A. Emerton, MD Ka

Nancy Girard, DO

Stephen T. Grybowski, MD

Aaron D. Huizenga, DO

M.A. Moid Khan, MD

Daniel W. Krebs, MD

Jill Laureano-Surber, DO

Thaddeus M. Pajak, DO

Damian M. Ray, MD

Benjamin D. Rudd, MD

Jack Rush, MD

Brogan Schoeneman, DO

Svetlana C. Shah, MD

Kate E. Skipton, MD

Ryan E. Tyler, MD

John W. Weston, DO

Joseph F. Wetterhahn, MD

Jason F. White, MD

Karen A. Williams, MD

Gastroenterology

Chaitanya K. Chandrala, MD

David Reindl, MD

Gerald S. Weinstein, MD

General Surgery

Eduardo B. Barayuga, MD Daniel A. Bryden, DO

Leo J. Gosselin, Jr., MD

Robert O. Kimball, MD



Back: David Rechlin, MD, Paula Brooks, MD, Benjamin Rudd, MD, LaVerne VanDeWall, DO **Front:** Daniel Morgan, DO, Brogan Schoeneman, DO, Boyu Wang, DO

Gynecology & Urogynecology

Nanci L. Hawkins, MD, FACOG, FPMRS

Hematology/Oncology

Florence P. Arnold, MD

Osagie Bello, MD

Day F. Hills, MD

Sara J. McGee. MD

Hospitalist

Kareem Abed, MD

Heather E. Bennett, MD

Aaron B. Campbell, DO

Joan C. Guevarra, MD

Jie He, MD

John S. Laldin, MD

Vijesh Patel, MD

Nazeel Qureshi, MD

Aruna Ray, MD

Gurpreet Singh, MD

Yu Sung, DO

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Marylene J. Duah, MD

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Laura Boggs, DO

Collins F. Kellogg, Jr., MD

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Wajeeha K. Sindhu, DO

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Elliott S. Cohen, MD

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Walter Dodard, DO

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Shahandeh Haghir, MD

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Steve K. Landas, MD

Samuel A. Livingstone, MD

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Yilin Zhang, MD

Pediatrics

Farhana Asim, MD

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Ariana Brooks-James, MD

Howard H. Huang, MD

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Nathan D. Ashby, DPM
Andrew R. Majak, DPM

James P Pelletier, DPM

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Kathrine E. Adams, DO

Sadaqat N. Khan, MD

Astrid M. Otten, MD

Pulmonary/Critical Care

Maritza Santana-Garcia, MD

Vivian Keenan, MD

Lawrence G. Kramer, MD
David P. Rechlin, DO

Rory A. Sears, DO, FCCP

A. Melynne Youngblood, MD

Radiation Oncology

Daniel S. DeBlasio, MD

Radiology

Daniel S. Gray, MD

Mark Kwalbrun, MD

Patrick J. Lanigan, MD

Dean J. Phillips, DO

John J. Wasenko, MD

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Daniel J. Weber, MD

Radiology (Teleradiology)

Jesty Abraham, DO

Abbas A. Chamsuddin, MD
David P. DiPaolo, MD

Bilha C. Fish, MD

Jerald D. Hansing, MD

Daniel P. Saurborn, MD

Jonathan T. Schlakman, MD

Pradheep Shanker, MD

Lloyd D. Wagner, MD

Orit Wimpfheimer, MD

Michael Yuz, MD

Rheumatology

Charles A. Wasicek, MD

Su Yien Zhaz, MD

Surgical Assistant

Al Maloney, MD

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Karen C. Albright, DO

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James Timothy Riley, MD

Wound Care

James V. Stillerman, MD





Samaritan was there.

➤ Circle of Hope member Amy Hanson (right) with Mary Burnham (center) and Barb Cummings (left) at the Gouverneur Breast Cancer Walk.



A MASH Camp students

 ∨ Samaritan delivering senior citizens in our community, Holly Ayers, Maddy LaClair and Kristin LaClair.



Lisa Bowhal representing Expo at the

Samaritan at the

▼ Melissa Schmitt, Wound Care Center, representing Samaritan at the annual Health Expo at the Salmon Run Mall.



Samaritan

Samaritan team at the North Country Heart Walk.







bring Madden (left) and Maria Pierce (center) and United Way's Patrick Signor with the Legacy Award.



△ Samaritan Team at the 19th Annual North Country Chili Cook-(right) presented Samaritan Off supporting the Volunteer Transportation Center.

√ Samaritan Keep Home



Air Methods delivering



Kristin LaClair and Aaron Naklick at the Greater Watertown Chamber of Commerce Farmers' Market.



The Clorox Healthcare Optimum-UV **Enlight System**

Samaritan implemented the Clorox Healthcare® Optimum-UV Enlight® System which uses ultraviolet rays to eliminate harmful microorganisms, such as C. Difficile, MRSA and VRE, that are resistant to routine cleaning methods. The Optimum-UV will provide an added infection control measure for disinfecting patient rooms and other key areas throughout Samaritan Medical Center. This will help prevent healthcare-associated infections and ensure the safest possible environment of care for our patients, staff and visitors. The Samaritan Auxiliary purchased one unit and Samaritan Medical

Center purchased the other. ◆

The Siemens Aptio **Automation System**

e invested in an important lab innovation project – The Siemens Aptio Automation System was implemented as part of the lab's \$850,000 capital project. Utilizing artificial intelligence, this technology helps with turnaround times on lab testing results in a variety of different ways.

One of the keys to LEAN process improvement is the removal of non-value added (or wasted) steps in a process, and that's what the Aptio system does - and some people liken it to the "air traffic control of lab testing." By interfacing with the existing chemistry instruments throughout the lab, Aptio automatically sends specimens to the appropriate testing station for analysis, rather than the lab techs manually delivering them to each. This allows the techs to focus on the testing and not on the non-value added steps. Some examples include:

· Once blood is drawn with MobiLab, the specimen is sent to Aptio, barcode is read, timestamped, centrifuged and transported to the appropriate instrument for analysis (all steps that were formerly manually completed by the lab techs).

• Helps to minimize interruptions.

For example, if a critical value result comes up, the techs must stop their work to call the unit to alert staff of the result immediately. This means interrupting the other testing that is occurring. With Aptio, testing continues without interruption while calls are made to the units.

· If a specimen is received and tested and then the physician later orders another test on that specimen, the techs do not need to go find the specimen, Aptio does it for them.

As in the examples above and many others, this automation technology results in safer patient testing by removing manual processes and relabeling steps. By reducing those unnecessary steps, turnaround time is also reduced. The system went live at the end of October 2018.

Medical Executive Committee – 2018

Howard Huang, MD, President of the Medical Staff

Leo Gosselin, MD, Vice President of the Medical Staff

Daniel DeBlasio, MD, Secretary/ Treasurer of the Medical Staff & Chair, Credentials Committee

Marylene Duah, MD, At-Large Member

Tony Chuang, MD, At-Large Member

Daniel Sessions, MD, Military At-Large Member

Tom Chen, MD, Chair, Department of Anesthesiology

Sarah Delaney-Rowland, MD, Chair, Department of Emergency Medicine

Matthew Maynard, DO, Chair, Department of Medicine

John Barrett, MD, Chair, Department of OB/GYN

Karl Komar, MD, Chair, Department of Pediatrics

Maritza Santana-Garcia, MD, Chair, Department of Psychiatry

Dean Phillips, DO, Chair, Department of Radiology

Peter VanEenenaam, MD, Chair, Department of Surgery

David Rechlin, DO, Director, Medical Education

Collins Kellogg, Jr., MD, Chair, Medical Management Committee

Jack Rush, MD, Chair, Peer Review Committee

Aaron Campbell, DO, Hospitalist Representative

Robert J. Johnson, MD, Chair, Cancer Committee

Mario Victoria, MD, Chief Medical Officer (ex-officio without vote)

Thomas H. Carman, President/Chief Executive Officer (ex-officio without vote)



Nursing Awards

Quality and Safety: Cathy Voos, RN, BSN, Assistant Nurse Manager, Intensive Care/Progressive Care Unit

Every day, our patients rely on the education, experience and compassion of our nursing staff. As part of our National Nurses Week celebration, Samaritan and its Medical Staff established a program to formally recognize outstanding achievements by our nursing professionals.

Physicians, employees and trustees from Samaritan were invited to nominate nurses for the exceptional daily work they do in the categories of Quality & Safety, Education & Mentorship, Leadership, Excellence in Nursing Practice, Innovation & Leading Change and Rookie of the Year.

20
Under
40

The 20 Under 40 program honors
20 young professionals under the age of
40 who exemplify leadership, community
involvement and professionalism in
Northern New York. The 20 Under 40
program is administered by the NNY
Business Magazine.



Congratulations to Kristin and Emily

Samaritan Employees Recognized for Service

Every year, Samaritan holds an Employee Service Award dinner to recognize employees who reached a milestone service anniversary the prior year. In 2018, 63 employees were celebrated for achieving their 20-, 25-, 30-, 35- or 40-year anniversaries at Samaritan. Special recognition was given to those employees who celebrated 40 years of service and dedication to the organization.



Samaritan Home Health named a national best practice agency



This year, Samaritan Home Health (SHH) was named a national best practice agency by Fazzi Associates (a nationally recognized quality assurance association for home care) and was also given the Patient Satisfaction Award of Distinction. Agencies named as national best practice agencies are proven leaders and have

excelled in one of the most important measures of an agency's quality program – patient experience. Based on a comparative analysis of agencies involved in Fazzi Associates' HHCAHPS survey for the past year, these results place SHH in the top 25% of Fazzi's National Patient Satisfaction database.

Samaritan Home Health is a certified home health agency (CHHA). Patients seeking home healthcare services may include individuals who have recently been diagnosed with a chronic condition (diabetes, COPD, etc.) and need to learn how to manage their disease at home; individuals who are still recovering from an injury or illness and need additional care; or individuals who have an ongoing health need (home IV therapy, wound care, physical, speech and occupational therapy, etc.).

"Care from the Samaritan Home Health team can often help prevent hospitalizations, reduce the need for nursing home placement and enable patients to remain in the comfort of their own homes."

Nicole Davis, RN, Director of Patient Services/ Administrator of Samaritan Home Health





he Board of Directors of Clifton-Fine Hospital is pleased to announce the selection of Dierdra D. Sorrell, RN, MSN as their chief executive officer. An employee of Samaritan Medical Center since 1994, Sorrell is a registered nurse with

a Master of Science in Nursing from Walden University. Since 2004, she has held various leadership positions responsible for critical care, medical surgical units, outpatient service and the emergency



department. Sorrell has also served as Interim CEO of Clifton-Fine Hospital since August 2018.

Clifton-Fine is a 20-bed not-for-profit critical access hospital operating under the umbrella of Samaritan Medical Center. It is the only hospital within a 30-mile radius and serves approximately 5,000 people in St. Lawrence County. Clifton-Fine offers an outpatient clinic, emergency department, acute care and LTC, laboratory, imaging and rehabilitation services. One of Clifton-Fine's many strengths is its affiliation with Samaritan Medical Center. Samaritan's influence has enabled Clifton-Fine to capitalize on numerous opportunities over the past year, including those in staffing, leadership development, quality and telemedicine.

Volunteer Accomplishments 2018

Every year, we celebrate our volunteers with a dinner and a small gift. At this year's dinner, volunteers exchanged stories and experiences, enjoyed a welldeserved meal together and were recognized for their many contributions to Samaritan and our community by Samaritan President & CEO Tom Carman.

64

Volunteers

New Volunteers

Hours Donated 23,028

Volunteer Highlights:

We would like to honor and thank Michael Plummer. A loyal and committed volunteer, Mike helps out three times a week in both our storeroom and our nursing home. Always with a smile and a kind word, Mike performs a number of duties at Samaritan, from making deliveries across the entire hospital, to shredding countless boxes of paper. One of Mike's

favorite duties is taking the knitted baby hats that have been donated to us up to the Maternity floor. He says he loves the little ones and fondly refers to them as the "little Billy Bobs." Mike has volunteered with us since March 2013. This past year, Mike volunteered over 810 hours of his time. We are all fortunate to have nim. Thank you, Mike, for all that you do.



Our new Walker Center for Cancer Care opened in the fall of 2018. To help our cancer patients navigate

the new building, Samaritan volunteers are there Monday through Friday, to



greet patients and get them to their destinations. One such volunteer is Christopher Tibbles who generously volunteers twice a week. Chris has been at Samaritan for a year and has been a big help to our staff and the patients. He previously volunteered at the Samaritan Summit Village, but was happy to step up when he learned of our need for Cancer Center volunteers. Chris is married to Diane, who has worked in our laboratory for 37 years. Together, they have two adult children, Kelsey and Jared. Chris enjoys skiing, woodworking and hunting. Thank you,

Chris, for all of your help. Your kindness and amazing listening skills have left an unmistakable mark on everyone here at Samaritan.



Sixteen teens and five college students volunteered over the summer and rotated through different departments at the hospital and the nursing home.



This year, we had the help of Nicole Jareo and her daughter Adelyne, our motherdaughter team, volunteering together at Samaritan Summit Village.

Samaritan Auxiliary 2018

Committed to quality care.

Founded in 1896, the Samaritan Auxiliary is a group of ambassadors and volunteers dedicated to supporting and enhancing healthcare programs throughout the Samaritan organization. Today, the Auxiliary's 168 members play a vital role in improving quality of care through volunteer activities and financial support.



2018 Samaritan Auxiliary Accomplishments

- 1. Conducted hospital tours for 400 second-graders.
- 2. Gave stuffed animals and coloring/activity books to children in the Emergency Department and Surgical Services.
- 3. Gave all SSV and SKH residents a flower on their birthdays.
- 4. Continued to help keep our young children safe through the W.H.A.L.E Program (We Have A Little Emergency) and the That's Using Your Head helmet program.
- 5. Proudly committed \$500,000 to the Healing Power of Progress Campaign for the Walker Center for Cancer Care.
- 6. Awarded two Samaritan employees with scholarships, enabling them to return to school to complete higher levels of education.
- 7. Through proceeds from the "One Night One Diamond," purchased Optimum-UV equipment that uses ultraviolet radiation as an additional measure of infection prevention for the elimination of microorganisms such as C. difficile, VRE and MRSA. After implementation of the Optimum-UV equipment in 2018, the incidence of C. difficile was reduced by 75% in 2018.
- 8. Supported our patients in the Emergency Department by purchasing three portable DVD players to help with wait times.
- 9. In honor of the "Balsam Twig" (a small group of longtime active volunteers), placed a victory bell in the Walker Center for Cancer Care. The bell can be runa when a patient has completed their cancer treatment.
- 10. Purchased a new iPad Pro tablet to be used by our volunteer patient advocates to make rounding on patients quicker and easier while efficiently tracking patient

Donors

Lee Hirschey was a loyal friend and supporter of Samaritan Health and we will miss him. He was a generous soul and believed



Lee Hirschev

that giving locally had a greater impact than nationally. As a prominent local businessperson, he additionally gave his time and talents to several community organizations.

We were saddened by the passing of Dr. Henry L. George III in April 2018. Dr. George was a practicing pediatrician caring for his young patients



Dr. Henry L. George III

in Watertown for over 40 years. His contributions to the medical profession and his generosity to Samaritan will never be forgotten.

Dear Friends.

This year was all about progress. As I write this, the Healing Power of Progress capital campaign for Samaritan has raised \$5.4 million. I am confident that by the time this is printed, we will have reached our \$6 million goal—and it's all thanks to you. The giving spirit of our community has been a beautiful thing to see. Long-term donors, new friends, Samaritan staff and physicians, all coming together in support of our community's continued wellness. With every gift of support received, I am reminded of just how generous our community can be. I am especially proud to recognize our Samaritan employees. In addition to giving of themselves for patients every day, our physicians and staff gave over \$370,000 to the Healing Power of Progress.

In October, we opened our new Walker Center for Cancer Care, one of the priority projects receiving funding from the capital campaign. The center is a warm, welcoming space and offers top-of-the-line, advanced technology to aid in the treatment and care of our cancer patients. Our campaign's second priority project, the Center for Women and Children, is currently under construction and progressing nicely. We can hardly wait. Did you know that over 1,600 babies are born at Samaritan every year? This project will bring labor and delivery and maternity all together on one floor, aiding in consistent communication across care teams

Your continued financial support enables us to make important technological advances and provide the new and improved programs and services required to keep Samaritan at the forefront of our region's healthcare. Thank you for supporting these important projects. Our appreciation cannot be overstated. With each gift, our care grows stronger. As our care grows stronger, so does our community.

We are grateful for your ongoing commitment to making Samaritan the best place to receive and provide care.

Chair, Samaritan Medical Center Foundation of Northern New York

Thank you to our generous friends









Annual Thousand Islands Golf Classic

t came as no surprise that the 21st annual Thousand Islands Golf Classic was a success, raising over \$98,000 to promote quality healthcare in our region. Held in June, this two-day event begins with a fun, themed dinner and auction where the paddles are raised often and for a good cause. The golf tournament is hosted at the gorgeous Thousand Islands Country Club course on Wellesley Island and attended by many of our corporate friends and





individual donors. Thank you to everyone who made this important fundraising event possible

Over \$49,000 this year was earmarked to support the Walker Center for Cancer Care. The remaining funds raised will aid in providing programs and equipment to enhance patient care and promote health and education at Samaritan Health.◆





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The 16th Annual North Country Festival of Trees

A North Country

he North Country Festival of Trees is an annual fundraiser Samaritan holds to benefit children's services and programs at Samaritan Medical Center and the Watertown Family YMCA. This year was bigger than ever with 83 beautifully decorated trees and three wreathes. The event truly captures the spirit of the season. A special thank you to our many decorators and volunteers who assisted in making this event a spectacular success. In 2018, we once again included a way to help directly benefit other community organizations. The holiday

trees were available for purchase by either silent or live auction, and the buyer could choose to keep the tree or donate it to a local non-profit organization or family in need.

Some exciting changes were implemented this year, including the day-early opening of the festival doors.

Visitors who attended our public viewing enjoyed homemade cookies and hot chocolate in support of Watertown's Christmas parade and tree lighting ceremony. We also

which could be used to collect stamps from downtown businesses. Once complete, participants could submit their passport at the festival for a chance to win a basket full of items and gift certificates from sponsoring downtown businesses. Another new feature of our annual Festival of Trees was a raffle of trees decorated and donated by the teachers and students from the Watertown City School district.

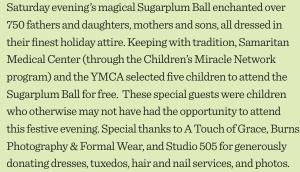
introduced a fun new passport program. Individuals could take a specially made passport,

This year's gala brought together over 300 guests. It was a night to remember, complete with beautifully decorated trees, fine food and drink, great conversations—and culminating in a spirited live auction on select trees.

> 750 fathers and daughters, mothers and sons, all dressed in their finest holiday attire. Keeping with tradition, Samaritan Medical Center (through the Children's Miracle Network program) and the YMCA selected five children to attend the Sugarplum Ball for free. These special guests were children who otherwise may not have had the opportunity to attend Photography & Formal Wear, and Studio 505 for generously donating dresses, tuxedos, hair and nail services, and photos.

of the participation of so many businesses and community

organizations that help us raise funds for children's programs and services at the YMCA and Samaritan Medical Center two organizations dedicated to keeping our children active and healthy.



The success of this weekend-long event is a direct result



Festival of Trees Committee:

Mary Corriveau, Shawna Cutuli, Shereen Daly, Beth Fipps, KI LaClair, Kimberly LaForty, Michelle Leo, Maureen Lundy-Way, Angie Marra, Tammie Miller, Steve Rowell, Pattie Schreck, Melissa Schmitt, Emily Soderquist, Rebecca Wallen, Barbara Webber and Karolyn Williams



2018 FESTIVAL OF TREES SPONSORS

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Clayton Dental Offices Clipper Inn

Coca-Cola Refreshments



Comfort Systems USA (Syracuse), Inc.

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WWNY-TV 7 WWTI ABC 50

SAMARITAN HEALTH ANNUAL REPORT | 2018

Heart to Heart Grateful Patient Program

Can't think of the right way to thank a special caregiver? Recognize them with the Heart to Heart program. The Heart to Heart program gives patients, residents, families and friends a special way to say "thank you" to an individual—or even an entire department—who went the extra mile and made a difference in their visit or that of a loved one. A donation of any size may be made and will support patient services at Samaritan Health systems. Since its inception in 2010, the Heart to Heart program has raised over \$62,500 through 280 donations and has recognized over 275 different providers and departments.











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	Morgan Angus	4 Pavillion Medical Surgical Unit
	Desari Bancroft	4 Pavillion Medical Surgical Unit
	Kristine Burns	Environmental Services
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	Tonya Covington	4 Pavillion Medical Surgical Unit
	Tara Cusac	4 Pavillion Medical Surgical Unit
	Cailee Dewolf	4 Pavillion Medical Surgical Unit
	Tracy Florkey	4 Pavillion Medical Surgical Unit
	Jordain Forney	Emergency Department
	Candace Gianotti	4 Pavillion Medical Surgical Unit
	Amber Gorham	4 Pavillion Medical Surgical Unit
	Joyce James	4 Pavillion Medical Surgical Unit
Chaile Devenous Dullius	Rhea Juliani	4 Pavillion Medical Surgical Unit
Sheila Barney-Pullus	Jessica Kelsey	4 Pavillion Medical Surgical Unit
	Taylor Kucharski	4 Pavillion Medical Surgical Unit
	Zachary Lynch	4 Pavillion Medical Surgical Unit
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	Haley Reff	4 Pavillion Medical Surgical Unit
	Amanda Terrillion	4 Pavillion Medical Surgical Unit
	Nikol Turner	4 Pavillion Medical Surgical Unit
	Jennifer Vincent	4 Pavillion Medical Surgical Unit
	Bernadette Vrooman	Environmental Services
	Taja White	Samaritan Medical Center Cafeteria
	Michelle Zeller	4 Pavillion Medical Surgical Unit
Phillip & Kathleen Compeau	Dialysis Unit	Dialysis Unit
Family of "Doc" John S. Eppolito	3rd Floor Side B Skilled & Therapy	Samaritan Summit Village
Miller Family	Dr. Leo Gosselin	Samaritan General Surgery
Ed and Joan Pflugheber	Taylor Kucharski	4 Pavillion Medical Surgical Unit
Barbara Youmans	All medical staff that makes a caring difference	Samaritan Medical Center

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We salute the leadership and dedication of the following individuals, organizations and corporations who are members of the Samaritan Society. Their generosity helps to ensure that the highest quality care is always delivered to the communities we serve. Membership is extended to those who have committed to a support level of \$15,000 or more.



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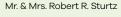
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This recognition society was established in honor of Dr. Henry M. Stevens, Samaritan's first Board President in 1881. Those donors who provide support for Samaritan through wills, trusts and other deferred giving plans are included in the Stevens Society.

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Remembering loved ones is important. Memorial and honorary gifts to the Samaritan Medical Center Foundation provide a lasting tribute to family members, friends and those who played a meaningful role in your life, while also providing valuable financial support to Samaritan.

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Every step forward in healthcare is a step forward for patients. In 2018, we launched "The Healing Power of Progress," a capital fundraising campaign for Samaritan. We realized that to continue upholding our promise to provide the best possible care for every patient, every time, we needed to push for further sustainability and service integration.

The Healing Power of Progress campaign funding priorities included the Walker Center for Cancer Care, our new Center for Women and Children, and our Endowment, or sustainability fund. At Samaritan, we're committed to our community and to always being there for everyone who comes through our doors—just as we have been since 1881.

The following is a list of generous donors who have supported quality healthcare at Samaritan by contributing \$25 or more to either the Samaritan Foundation or the Children's Miracle Network. Whether you gave to the capital campaign specifically or gave to one of our annual appeals, we are grateful for your support.



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"They made us feel like family when we gave birth at Samaritan and a nurse said she remembered us! It was very special. We have to remember that the nurses and doctors are people. too. We are deeply appreciative of how they treated us."

Jennifer Everett, Mother and Military Spouse



Michael & Mary-Grace Brit

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Samaritan Caregivers Give Back

We are especially proud to acknowledge and thank our very special Samaritan caregivers who came together in an amazing way in 2018 by joining the "Healing Power of Progress" campaign. Team members from across our health system gave generously to support the critical, life-saving work that occurs at Samaritan Health every day. Together, Samaritan employees raised over \$370,000 to support our campaign projects. Thank you to our amazing team. We couldn't be prouder.

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everyone with dignity and respect. Yes, I would 100 percent

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*Deceased

Heather Fearon White

• Dr & Mrs Jason F White

White Glove Auto Detailing

Jason M. White

Kristi Whitfield

Jim & Cindy Widrick

Frederick I Walker

• Fd & Anne Walldroff

Rehecca Walldroff

Jada Walldroff

• Mr. & Mrs. T. Urling Walker

42 43

Rebecca St. Croix

Scott & Kristen St. Joseph

Children's Miracle Network

Samaritan Medical Center has served as the North Country's official Children's Miracle Network Hospital (CMNH) since 1990, striving to raise and allocate funds to improve the health and well-being of children in Jefferson, Lewis and St. Lawrence counties. Funds raised through the CMN program support child-centered areas of Samaritan through the funding of capital projects and purchase of critical pediatric equipment. In addition, CMN provides financial assistance to local families whose child is facing a medical crisis to cover travel expenses and other out-of-pocket medical costs.



△ Breakfast with Santa at Fairfield Inn and Suites





Making miracles. Together

As the number of families helped by CMN continues to grow each year, we want to thank our partners for making our mission a reality. Together, we make miracles happen.

Do you believe in miracles? We do.

Meet Adeline. 5-years-old, two open heart surgeries, and friend of one special dog

Upon being born, Adeline was diagnosed with a severe congenital heart defect. After performing genetic testing with a portion of her umbilical cord, doctors found that she was missing a piece of her 22nd chromosome. She was diagnosed with velocardiofacial syndrome. At just two years old, Adeline had her first open heart surgery—but it wouldn't be her last. Anticipating more health battles were to come, Adeline's mom reached out to Children's Miracle Network to have Adeline's dog, Nora, trained to become a service dog. Throughout Adeline's recovery, Nora was always there to aid in the fight, no matter what. Adeline was named Samaritan's local champion for the Walmart and Sam's Club Children's Miracle Network Hospitals campaign. Months later, in September 2018, Adeline would have to undergo a second open heart surgery. Except this time, it would be with her best friend by her side.



△ Walmart & Sam's Club 2018 Champion



Adeline, post-surgery with her service dog, Nora

CMN 2018 Highlights

#givehopemakemiracles

\$400.188 Total funds raised

\$100.000

Center for Women and Children (part of its \$1,000,000, 10-year commitment)

\$176.000

Capital Equipment \$58.716

DFAP (Direct Family Assistance Program)

Put your money where the miracles are.

As the number of families helped by CMN continues to grow each year, we want to thank our partners for making our mission a reality. Together, we make miracles happen.



families to join the party.





△ ABC50's Olivia Grant and Josh Baughn help to Rat Triathlon.



△ Kinney Drugs kicks off their △ Dairy Queen fans couldn't wait for 8-week campaign with a their chance to "Pie A Manager" in the



Watertown Walmart Store #1871 managers shave their heads during promote the 9th Annual River the annual Children's Miracle Network campaign. Walmart and Sam's Club were recognized by CMN National this annual Radiothon raised year for their outstanding effort during \$110,447 in just three days. the campaign, raising \$122,096, a 41% increase over 2017.



A Tyler Bartlett, racer and owner of Can-Am Speedway, gave our smallest race fans the VIP treatment at CMN



△ Johnny Spezzano visits local schools to thank students for participating in "Change for Kids." The 18th



Samaritan Locations Listing

samaritanhealth.com

Samaritan Medical Center

830 Washington Street Watertown, NY 13601

315-785-4000

Samaritan Medical Center Foundation of Northern NY

830 Washington Street Watertown, NY 13601

315-785-4584

Children's Miracle Network of Northern NY at Samaritan

830 Washington Street Watertown, NY 13601

315-785-4053

Samaritan Keep Home

133 Pratt Street Watertown, NY 13601

315-785-4400

Samaritan Summit Village

22691 Campus Drive Watertown, NY 13601

315-782-6800

Clifton-Fine Hospital

1014 Oswegatchie Trail Road Star Lake, NY 13690

315-848-3351

Samaritan Home Health

104 Paddock Street Watertown, NY 13601

315-782-0415

A Woman's Perspective

22567 Summit Drive Building 2, Suite C Watertown, NY 13601

315-788-2805

Addiction Services

1575 Washington Street Suite A Watertown, NY 13601

Dermatology

315-779-5060

1575 Washington St door H Watertown, NY 13601

315-786-7300

Ear, Nose and Throat & Gastroenterology

826 Washington Street Suite 204 Watertown, NY 13601

Family Health Center at Adams**

10881 NYS Route 11 Adams, NY 13605

315-232-4400

315-788-1751

Family Health Center at Cape Vincent*

782 East Broadway Street Cape Vincent, NY 13618 315-654-2530

Family Health Center at Clayton**

909 Strawberry Lane Clayton, NY 13624

315-686-2094

Family Health Center at Lacona*

3 DeMott Street Lacona, NY 13083

315-387-3400

315-629-4525

Family Health Center at LeRay**

26908 Independence Way Suite 101 Evans Mills, NY 13637

Family Health Center at Sackets Harbor*

105 Barracks Drive Sackets Harbor, NY 13685 315-646-7119

Family Health Center at Watertown*

1575 Washington Street Suite B Watertown, NY 13601

315-786-7300

315-782-1505

General & Vascular Surgery

826 Washington Street Suite 106 Watertown, NY 13601

Imaging & Lab Center at Coffeen Street**

1213 Coffeen Street Suite 2 Watertown, NY 13601

315-755-2140

Imaging & Lab Center at Washington Summit**

22567 Summit Drive Building 2 Watertown, NY 13601 315-788-1204

Lab Service Center at Neurology

1340 Washington Street Suite 3 Watertown, NY 13601 315-786-4886

Lab Service Center at Orthopaedics

1571 Washington Street Suite 102 Watertown, NY 13601

Outpatient Behavioral Health

315-786-8962

1575 Washington Street Suite A Watertown, NY 13601 315-779-5060

Pain Management Center

826 Washington Street 3rd Floor Watertown, NY 13601 315-785-4313

Plastic Surgery

629 Washington Street 1st Floor Watertown, NY 13601 (315) 755-9650

Pulmonology & Thoracic Surgery

19320 US Route 11 Building 3 Watertown, NY 13601

315-786-0254

Rheumatology

629 Washington Street 2nd Floor Watertown, NY 13601 315-755-3450 (Office)

Sleep Disorders Center of NNY

830 Washington Street Watertown, NY 13601

315-786-4930

SMART (Graduate Medical Education) Clinic

1575 Washington Street Watertown, NY 13601

315-786-7300

Urgent Care at LeRay**

26908 Independence Way Evans Mills, NY 13637

315-629-4080

Urology

22567 Summit Drive Building 2 Watertown, NY 13601 315-782-7230

Walker Center for Cancer Care

830 Washington St Watertown NY 13601

315-785-HOPE (4673)

Woman to Woman

1575 Washington Street Suite C Watertown, NY 13601

315-785-4155

Wound Care Center Care

165 Coleman Avenue Watertown, NY 13601

315-755-2024

- * Lab services available by appointment
- ** Lab and x-ray services available

